

# Elledge Culinary Ephemera Collection

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1939-2004



## Title Statement

Elledge Culinary Ephemera CollectionElledge Culinary Ephemera Collection, 1939 - 2004 Ms.2023.009

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## Profile Description

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## Descriptive Summary

### Unit ID

Ms.2023.009

### Unit Date

1939-2004

### Language

Majority of materials in this collection are in English. Two items are in Spanish.

### Abstract

This collection includes twenty-four series of culinary ephemera, and they are organized by food and appliance. Items range throughout the twentieth century and into the early twenty-first century, with majority of items undated. Most items are pamphlets that include recipes, health and nutrition guides, short stories, and appliance instructions. Other items include catalogues, newspaper and magazine clippings, stickers, and food pyramid pins. Materials provide insight into consumer culture, technology, and history of gender, race, class, sanitation, marketing, and graphic design.

### Extent

2.8 Cubic Feet 2 boxes

### Repository

Special Collections and University Archives, Virginia Tech

## Administrative Information

## Conditions Governing Access

The collection is open for research.

## Conditions Governing Reproduction and Use

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## Immediate Source of Acquisition

The collection was purchased by Special Collections and University Archives in July 2018.

## Processing Information

The processing, arrangement, and description of the Elledge Culinary Ephemera Collection was completed in April 2023.

## Preferred Citation

Researchers wishing to cite this collection should include the following information: [identification of item], [box], [folder], Elledge Culinary Ephemera Collection, 1939-2004, Ms2023-009, Special Collections and University Archives, Virginia Tech, Blacksburg, Va.

# Scope and Content

This collection includes twenty-four series of culinary ephemera, and they are organized by food and appliance. Items range throughout the twentieth century and into the early twenty-first century, with majority of items undated. Most items are pamphlets that include recipes, health and nutrition guides, short stories, and appliance instructions. Other items include catalogues, newspaper and magazine clippings, stickers, and food pyramid pins. Materials provide insight into consumer culture, technology, and history of gender, race, class, sanitation, marketing, and graphic design.

Some materials include racialized depictions of African Americans, Asians, and Indigenous peoples of the Americas, and a statement of such is marked next to each material.

Series I: Appliance Equipment includes materials dated from 1950 to 1985, with many of the items undated. All items are organized in alphabetical order by title in three folders. Pamphlets include instructions and recipes for appliances such as fry pans, mixers, blenders, oven ranges, and pressure pans. Some pamphlets contain promotional materials to purchase their products to use these recipes.

Series II: Assorted Topics - Tea, Herbs, Spices, Olives, Sauces includes materials dated from 1967 to 2001, with many of the items undated. All materials are organized in alphabetical order by title. Pamphlets include recipes using these types of products or to create them, and other items have marketing materials to promote these.

Series III: Beans includes materials dated from 1970 to 1999, with many of the items undated. All materials are organized in alphabetical order by title in four folders. Majority of pamphlets have recipes related to beans, lentils, split peas, lima beans, blackeyes, chickpeas, white beans, pinto beans, kidney beans, and peas. Other pamphlets discuss the nutritional benefits of beans. One pamphlet titled "Explore the Magic World of California Beans with Jack Beanstalk M.B.A. (Master of Bean Arts)" follows the story of Jack Beanstalk discussing different types of beans, the history behind beans, how to properly cook and eat them, recipes, and their nutrition benefits.

Series IV: Cheese includes materials dated 1978 to 1985, with many of the items undated. All materials are organized in alphabetical order by title. Recipe pamphlets consist of recipes using cream cheese and Kraft brand cheeses. "The Whole Cheese" pamphlet consists of how to care for cheese, a cheese guide encompassing images, descriptions, and pairing suggestions, and recipes that use cheeses. The collection also has a 1985 Philadelphia Cream Cheese calendar.

Series V: Chocolate includes materials dated from 1950 to 1988, with many of the items undated. All materials are organized in alphabetical order by title. Most materials are recipes on how to use chocolate and make desserts. Hershey's chocolate branded recipes comprise most of the collection. "A souvenir of your visit to Hershey" packet includes multiple Hershey recipe pamphlets inside, along with "The Story of Chocolate and Cocoa." This pamphlet details the history of chocolate and cocoa, a short biography on founder Milton Snavely Hershey, where cocoa grows, how chocolate is made, and background on the town

and park of Hershey.

Series VI: Dairy includes materials dated from 1948 to 1992, with many of the items undated. All materials are organized in alphabetical order by title in three folders. Pamphlets contain recipes for desserts, casseroles, ice cream, appetizers, and pies. Some recipes detail how to use dry milk. Others discuss how to use milk for dieting and weight loss.

Series VII: Eggs includes materials dated from 1974 to 1983, with many of the items undated. All materials are organized in alphabetical order by title. Materials comprise of recipes, information about eggs, and money-saving egg recipes.

Series VIII: Fats and Oils includes materials dated from 1955 to 1992, with many of the items undated. All materials are organized in alphabetical order by title. Materials include items and recipes for salad dressings, Kraft oil, mayonnaise, Bertolli, and corn refinery.

Series IX: Foil Wraps includes undated materials with one item dated 1982. Materials have recipes that use foil, wraps, and saran wrap. The "Reynolds Oven Cooking Bags" has an instructions and recipes pamphlet, an unopened cooking bag, and a coupon. The "Wrap It Festive!" pamphlet has holiday recipes and suggestions on how to use plastic wrap to decorate gifts.

Series X: Foreign Influence includes materials dated from 1942 to 1970, with many of the items undated. All materials are organized in alphabetical order by title. Materials include recipes inspired by recipes from around the globe.

Series XI: Forest Foraging includes one item dated 1977 and another undated item. Materials are organized in alphabetical order by title. "Food From Field and Forest" contains recipes for wild game such as venison, bear, rabbit, squirrel, woodchuck, opossum, raccoon, duck, pheasant, pigeon, dove, turtle, trout, frog legs, edible plants, and beverages. "Spring Wild Food in Piedmont of Virginia" contains recipes for edible plants such as chickweed, cattail, dandelions, and more.

Series XII: Fruit includes materials dated from 1970 to 1992, with many of the items undated. All materials are organized in alphabetical order by title. Pamphlets contain recipes for cranberries, cherries, bananas, dates, citruses, apples, peaches, kiwi, pineapple, and prunes. Some recipes are for jams, jellies, and preserves. The recipe booklet "101 All-Time Favorite Cranberry Recipes" contains depictions of Indigenous peoples and pilgrims.

Series XIII: Gelatin, Jello, Jelly includes materials dated from 1953 to 1999, with many of the items undated. All materials are organized in alphabetical order by title in three folders. Materials have mostly recipes for desserts, low calories, weight-loss, and sugar-free items.

Series XIV: Grains includes materials dated from 1956 to 2002, with many of the items undated. All materials are organized in alphabetical order by title in seven folders. Materials include recipes for pastas, pies, breads, rice, flaxseed, fiber, desserts, rolls, muffins, waffles, and more. Some recipes focus on nutrition, weight loss, and low calories.

Series XV: Household Management includes materials dated from 1959 to 1979, with other items undated. All materials are organized in alphabetical order by title. "Pac-Man Party" has a pac-man theme with the art and three recipes called Speedy's Scrambles, High Score S'mores, and Blinky's Punch. The pamphlet advertises the Roanoke Gas Company and how to use gas ovens. "Real Kill: Hints for Bug-Free Living" contains a guide on bugs, where they are found, and how to remove them. It advertises Real Kill's products to control bugs. This item also contains a racialized depiction of a Chinese woman.

Series XVI: Meal Planning includes materials dated from 1954 to 2003, with many of the items undated. All materials are organized in alphabetical order by title in four folders. Recipe pamphlets and booklets include how to plan meals for your family meals and for hosting parties. Other pamphlets contain recipes and lists of healthy foods. Meal-saving booklets and pamphlets discuss how to eat nutritious foods for low costs.

Series XVII: Meats includes materials dated from 1939 to 1985, with many of the items undated. All materials are organized in alphabetical order by title in two folders. Recipes include instructions for pork, gravy, hamburgers, manwiches, fish, and other meat-related items. Some discuss how to identify cuts of meat and how to store them.

Series XVIII: Microwave includes materials dated from 1971 to 1990, with many of the items undated. All materials are organized in alphabetical order by title in two folders. Most materials are recipes for the microwave. Some include recipes to save money and eat cheaper. Other materials focus on nutrition and health.

Series XIX: Nuts includes materials dated from 1955 to 1993, with many of the items undated. All materials are organized in alphabetical order by title in three folders. Most materials contain recipes. Other materials include short written pieces, such as a mini biography of George Washington Carver. Others pamphlets include information on the nutrition of different nuts.

Series XX: Objects includes three items, with one dated 1992. The dated item has food pyramid sticker samples and an order form. The are two pins with one being a food pyramid and the other a fruits and

veggies pin.

Series XXI: Outdoor Cooking includes materials dated from 1952 to 1979, with many of the items undated. All materials are organized in alphabetical order by title in two folders. Items include topics such as barbecue, outdoor cooking and eating design ideas, recipes, and outdoor cooking equipment.

Series XXII: Soup includes materials dated from 1981 to 1992, with many items undated. All materials are organized in alphabetical order by title in two folders. Materials include recipes for different types of soups to make for appetizers, main courses, or from pantry items.

Series XXIII: Sugars includes materials dated from 1983 to 2004, with many items undated. All materials are organized in alphabetical order by title. Items include recipes that use sugars, splenda, honey, or corn syrup.

Series XXIV: Vegetables includes materials dated from 1971 to 1981, with many items undated. All materials are organized in alphabetical order by title in two folders. Materials include recipes that use vegetables, with many of them using vegetables as the main component of the recipe.

## Separated Materials

This collection also included a more than 100 books, booklets, and other publications. As part of processing, these were removed and cataloged for the Rare Book Collection. Catalog records include the manuscript collection name and number (Elledge Culinary Ephemera Collection, Ms2023-009) and can be located by searching for that phrase.

## Keywords

Cocktails -- History

Cocktail History Collection

Culinary pamphlets

Food Technology and Production

History of Food and Drink

Home economics

## Rights Statement for Archival Description

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## Arrangement

This collection is arranged by material content and in alphabetical order by title.

## Description of Subordinate Components

### Series I: Appliance Equipment

**Unit Date** 1950-1985

#### Bibliography

"Dial Your Way To Perfect Cooking: Instruction and Recipe Book for Presto Control Master Fry Pan-Griddle." National Presto Industries, Inc, 1972. "Facts about your new Mixer." General Electric, Undated. "Fast Foods from your kitchen with the Regal Electric Fry pan." Regal Ware, Inc., Undated. "Food Talks from the Mirro Test Kitchen, Volume 40 Number 5." Mirro Aluminum, Undated. "Food Talks from the Mirro Test Kitchen, Volume 45 Number 5." Mirro Aluminum, Undated. "Food Talks from the Mirro Test Kitchen, Volume 46 Number 3." Mirro Aluminum, Undated. "Hamilton Beach Automatic Fry Pan Recipe Book." Hamilton Beach Corporation, Undated. (Two Copies) "How to Get the Most out of Your Sunbeam Mixmaster." Sunbeam Corporation, 1950. "La Machine Precision Food Preparation System for Household Use: Instruction and Operating Manual." La Machine by Moulinex, 1977. "Let's Get Acquainted With Your Hotpoint Electric Range." Hotpoint Co., Undated. "Mini Blend Container: Blend and Store Hints." Oster Corporation, Undated. "Mirro-Matic Pressure Pan: Recipes, Directions, Time tables." Mirro Aluminum, 1958. "The "No Kitchen Should Be Without It" Cookbook." Nancy Dolton, Kitchen Bouquet Kitchens, Undated. "Non Alcoholic Drinks." Oster Corporation, 1985. "Osterizer Blender Spin Cookery Cookbook for the 10-speed "Pulse-Matic" Osterizer." Oster Corporation, 1970. "Osterizer Blender Spin Cookery Cookbook for the 14- and 16-speed Osterizer." Oster Corporation, 1974. "The Skillet Cook Book: The first complete guide to

glamorous skillet cooking." Wesson Skillet Cookery, Undated. "Sunbeam Mixmaster: The Best Hand Mixer Made: Recipe Book and Instructions." Sunbeam Corporation, 1952. "Tappan presents Complementary Cooking A step-by-step guide to complete meal preparation utilizing both microwave and conventional cooking." Tappan, Undated.

### **Appliance Equipment D-L**

**box-folder** 1 (box)

**Container** 1 (folder)

### **Appliance Equipment M-O**

**box-folder** 1 (box)

**Container** 2 (folder)

### **Appliance Equipment S-T**

**box-folder** 1 (box)

**Container** 3 (folder)

## **Series II: Assorted Topics - Tea, Herbs, Spices, Olives, Sauces**

**Unit Date** 1967-2001

**box-folder** 1 (box)

**Container** 4 (folder)

### **Bibliography**

"20 Mule Team Borax: The Magical Crystal: A Guide to Laundry and Household Uses." The Dial Corporation, Undated. "The 4-H Girl Gives a Tea." S. Virginia Wilson and Rita Dubois, Extension Nutritionists, Undated. "Better Homes and Gardens: Cooking with Herbs and Spices." Better Homes and Gardens, 1967. "Chocolate & Peanut Butter Truffles Recipe." Hershey Foods Corporation, 2001. (Printed website page of recipes) "Chocolate Town Classics." Hershey Foods Corporation, 1968. "Cooking with Coca-Cola." Coca Cola Company, 1979. "Essential Characteristics of Genuine Soy Sauce." LaChoy Food Products, Inc., Undated. "For Taste, Simple and Nutritious Food Go The Mexican Way." California Olive Industry, Undated. "From Marion's Kitchen." Marion Cunningham, Undated. "The Lipton Kitchens Newsletter, Special Edition 1983." Lipton, 1983. "The Sir Thomas Lipton Collection." Sir Thomas Lipton's Trading Company, 1983. "Spice 'Xpress: 100th Anniversary Holiday Edition." McCormick / Schilling, 1989. "Tasty Recipes from Frito-Lay, Inc." Frito-Lay, Inc., Undated. "What You Should Know About Tea Because It's Always Tea Time." Tea Council of the U.S.A., Inc., Undated. "Your Holiday helper from the House of Heinz." Heinz, Undated.

## **Series III: Beans**

**Unit Date** 1970-1999

### **Bibliography**

"Basic Bean Cookery." California Dry Bean Advisory Board, Undated. (Two Copies) "Bean Cuisine." The Michigan Bean Commission, Undated. "A Bean for all Seasons And all Seasonings: California Baby Limas: Try the Tempting Recipes Inside." California Dry Bean Advisory Board, Undated. (Two Copies) "Beans of the West." Pacific Kitchens, Undated. "Beans Recipes." Unknown, Undated. (Two Copies) "Beans: The Super Nutrition Tradition." California Dry Bean Advisory Board, Undated. (Two Copies) "Black Bean Recipes: A Fiesta of South-of-the-Border and Other International Flavors." Michigan Bean Commission, Undated. "Classic and Convenient Lentils and Split Peas Grown in the USA." USA Dry Pea and Lentil Council, Undated. (Includes multiple pieces inside the folder) "Dry Peas & Lentils: Easy on the Budget and Good for You." Idaho-Washington Dry Pea & Lentil Commissions, Undated. "Explore the Magic World of California Beans with Jack Beanstalk M.B.A (Master of Bean Arts)." California Dry Bean Advisory Board, Undated. (Two Copies; Racialized depictions) "Famous Pea & Lentil Recipes From Around The World." USA Dry Pea and Lentil Council, Undated. (Three Copies, English and Spanish) "Favorite Blackeye Recipes from Dixieland." The Blackeye Council of the California Dry Bean Advisory Board, Undated. (Two Copies) "Favorite Recipes of 4 Generations featuring: California's Large Lima Beans." California Dry Bean Advisory Board, Undated. (Two Copies) "A Fiesta of Recipe Favorites." Beans of the West, Undated. (Three Copies) "Foods Unlimited." Safeway, 1993. "Good Health Is Habit-Forming... Commit to the Bean Routine." American Dry Bean Board, Undated. "Growing Into the Future." Idaho-Washington Dry Pea & Lentil Commissions, Undated. "Healthy Cook: Simply Magic: Three Recipes." Chronimed Publishing, 1996. (Seven Copies). "How to Buy Dry Beans, Peas, and Lentils." U.S. Department of Agriculture, 1970. "Legume Your Menu... Cooking With Dry Peas & Lentils." Idaho-Washington Dry Pea & Lentil Commissions, Undated. (Two Copies) "Michigan's Canny Beans." Michigan Bean Commission, Undated. "Michigan's Canny Beans: Quick & Tasty Bean Recipes." Michigan Bean Commission, Undated. "Nutrition facts for people who care about food choices." Idaho-

Washington Dry Pea & Lentil Commissions, Undated. (Three Copies) "Say YES to Home-Style Cooking with Idaho Beans." Idaho Bean Commission, Undated. (Two Copies) "Sensational Soups 'n Salads." Michigan Bean Commission, Undated. "Six Heart-Healthy Recipes Using Lentils and Split Peas." Idaho-Washington Dry Pea & Lentil Commissions, Undated. "Split Peas & Lentils: Quick and Easy Ideas from PALS." Idaho-Washington Dry Pea & Lentil Commissions, Undated. "Take a Can of Beans." Campbell Soup Company, Undated. "The Bean Bag: A Publication of the Michigan Bean Commission." Michigan Bean Commission, 1985. "The Bean Cookbook." Northarvest Bean Growers Association, 1999. "The Goya Bean Book." Goya Foods, Inc., 1980.

### **Beans B**

**box-folder** 1 (box)

**Container** 5 (folder)

### **Beans C-Fa**

**box-folder** 1 (box)

**Container** 6 (folder)

### **Beans Fi-Si**

**box-folder** 1 (box)

**Container** 7 (folder)

### **Beans Sp-T**

**box-folder** 1 (box)

**Container** 8 (folder)

## **Series IV: Cheese**

**Unit Date** 1978-1985

**box-folder** 1 (box)

**Container** 9 (folder)

### **Bibliography**

"44 Wonderful ways to use Philadelphia Brand Cream Cheese." Philadelphia Brand Cream Cheese, Undated. "Caramel Surprises so easy to fix with Kraft Dairy Fresh Caramels." Kraft Kitchen, Undated. "Casserole Cooker with Protein-rich Cheese." Kraft Kitchen, Undated. "Easy Recipes for "Philly" Frosting and Fudge." Philadelphia Brand Cream Cheese, Undated. "Favorite Salad and Sandwich Recipes from the Kraft Kitchen." Kraft Kitchen, Undated. "Here's Your 1985 "Philly" Favorites Recipe Calendar." Philadelphia Brand Cream Cheese, 1985. "Kraft Macaroni and Cheese Dinner Recipes." Kraft Kitchen, Undated. "Menu Winners made with Philadelphia Brand Cream Cheese." Philadelphia Brand Cream Cheese, Undated. "Microwave Cookery from Kraft." Kraft Kitchen, 1978. "Tempting Appetizers and Sandwiches from the Kraft Kitchen." Kraft Kitchen, Undated. "Tested Recipes for Snacks 'n Appetizers from the Kraft Kitchens." Kraft Kitchen, Undated. "The Whole Cheese: Your Personal Cheese Guide from Safeway ... a little bit more for you!." Safeway, Undated.

## **Series V: Chocolate**

**Unit Date** 1950-1988

**box-folder** 1 (box)

**Container** 10 (folder)

### **Bibliography**

"Chocolate Buttermilk Cake Recipe Card." Unknown, Undated. "Chocolate Candies You Can Make." General Foods Corporation, 1950. "Chocolate Mousse Inside. But please don't try it until you've mailed back reservation card." Southern Living Books, Undated. "Chocolate Tour Classics made with Hershey's Baking Chocolate." Hershey Foods Corporation, 1968. "Chocolate Tour Classics made with Hershey's Instant and Chocolate Flavored Syrup." Hershey Foods Corporation, 1968. (Two Copies) "Favorite Hershey/Reese Recipes." Hershey Foods Corporation, Undated. "The Festive Touch." Pet Milk Co., 1961. "Hershey's Egg-Free Recipes." Hershey Foods Corporation, 1988. "Hershey's Milk-Free Recipes." Hershey Foods Corporation, 1988. "Lighter Chocolate Desserts I." Hershey Foods Corporation, 1988. (Two copies) "Recipes for Extra Brownie Points." Betty Crocker, 1983. (Two copies) "Recipes using Nestle Toll House semi-sweet chocolate morsels." Unknown, Undated. "Safeway Clipping: Have a Very Chocolate Holiday." Safeway, Undated. "A Souvenir of your visit to Hershey." Hershey Foods Corporation, Undated. (Includes multiple

pieces inside) "The Story of Chocolate and Cocoa." Hershey Foods Corporation, 1968. "Sweet Ways with Baker's Dot Chocolate." General Foods Corporation, 1957.

## **Series VI: Dairy**

**Unit Date** 1948-1992

### **Bibliography**

"38 Answers to What's Cooking?" Carnation Company, 1974. (Two copies) "Absolutely Elegant Anti Panic Pantry Meals." American Dairy Association, Undated. "Account-able Calories: A Collection of Dairy Recipes." American Dairy Association, Undated. "America's Favorite Desserts." Unknown, Undated. "Backyard Favorites with Dairy Flair." American Dairy Association, Undated. "Borden's Eagle Brand 70 Magic Recipes." Borden, Eagle Brand, 1952. "Candlelight Creations." American Dairy Association, Undated. "Carnation's Failure-Proof Recipes." Carnation Company, 1957. "Carnation's Family Favorites by Mary Blake." Carnation Company, 1956. "Centsable Casseroles: A Mother Goose Cookbook With A Money Moral." American Dairy Association, Undated. "Chafertaining." American Dairy Association, Undated. "Dairy Days U.S.A. Some Facts About The Dairy Industry In Virginia 1979." American Dairy Association of Virginia, 1980. "Dairy Delicious Brown Bag Recipes & Tips Including Food Safety Information." National Dairy Board, 1992. "Dazey News Release." Dazey Products Co., Undated. "The Dessert Lovers' Hand-Book." Borden, Eagle Brand, Undated. "Discover Dannon 50 Fabulous Recipes With Yogurt." Dannon, 1988. "Dry Milk Cook Book." Unknown, Undated. (Two copies) "Fashion Dairy Delights." American Dairy Association, Undated. "Good and Nourishing." Pet Milk Co., 1961. "Happy Holly Days with Butter Cookies." American Dairy Association, Undated. "Holiday Recipes and Ideas for the 12 Days of Christmas." Pet Milk Co., Undated. "How To Feed Your Family Better For Less." Carnation Company, 1975. "How-To Fondue." American Dairy Association, Undated. "Land O' Lakes Light Appetizers & Desserts." Land O' Lakes, Inc. , 1990. "Magical Desserts with Whip'n Chill Deluxe Dessert Mix." General Foods Corporation, Undated. "Make it With Milk." American Dairy Association, Undated. "Meal Planning Guide." Pet Milk Co., 1956. "Microwave All-American Favorites." Borden, Inc., Undated. "Milk's The One." Southeast United Dairy Industry Association, Inc., Undated. "Miracles with Minute Tapioca." General Foods Corporation, 1948. "New Twist to Older New England Recipes." American Dairy Association, Undated. (Two copies) "One Pan Budget Meals." American Dairy Association, Undated. "Perfect Pies by Mary Blake." Carnation Company, 1957. "Plan A Pan Meals." American Dairy Association, Undated. "Quick Fancies for the Holidays." American Dairy Association, Undated. "Recipes for Dairy Days U.S.A.." Southeast United Dairy Industry Association, Inc., Undated. "Recipes for making Old-Fashioned Ice Cream and Frozen Desserts." Sears, Roebuck and Co., Undated. "Slenergize With Dairy Foods!" American Dairy Association, Undated. "Sweet Endings From Dream Whip Whipped Topping Mix." Dream Whip Whipped Topping Mix, 1974. "Treat Yourself Nicely." Carnation Company, 1973. (Two copies)

### **Dairy #-D**

**box-folder** 1 (box)

**Container** 11 (folder)

### **Dairy F-Q**

**box-folder** 1 (box)

**Container** 12 (folder)

### **Dairy R-T**

**box-folder** 1 (box)

**Container** 13 (folder)

## **Series VII: Eggs**

**Unit Date** 1974-1983

**box-folder** 1 (box)

**Container** 14 (folder)

### **Bibliography**

"All-Time Favorites With Eggs: Recipe and Nutrition Information for the Later Years." Northeast Egg Marketing Association, Undated. "Always Eggs ... All Ways." American Egg Board, 1974. "Answers To Often-Asked Questions About Eggs." American Egg Board, 1980. "Centsible Meals Eggs." American Egg Board, 1978. "Chicken With An International Flair." American Egg Board, Undated. "Classic Egg Dishes." American Egg Board, Undated. "Crepes Crepes Crepes Crepes Crepes." American Egg Board, 1977. (Two copies) "Decorate Your Holiday With Eggs." Georgia Egg Commission, 1983. "Dining With Eggs from Dusk 'til Dawn." American Egg Board, 1974. "Eggs in the Microwave." American Egg Board, 1981. "Five Basic

Methods of Egg Cooking." American Egg Board, 1976. "How To Enjoy Virginia Eggs in the Old Dominion Tradition." Virginia Department of Agriculture and Commerce, Virginia Poultry Products Commission, Undated. "Keep 'Em Cold - Egg Poem." The Virginia Egg Council, Undated. "Kids In The Kitchen." American Egg Board, 1978. "No Cholesterol Egg Substitute Card." The Virginia Egg Council, Undated. "Omelets by Candlelight for Two." American Egg Board, 1974. "Quiches." American Egg Board, 1979.

### **Series VIII: Fats and Oils**

**Unit Date** 1955-1992

**box-folder** 1 (box)

**Container** 15 (folder)

#### **Bibliography**

"2-Minute Homemade Salad Dressings." Wesson Consumer Kitchens, Undated. "20 Wonderful Cakes made by the new Kraft Oil Method." Kraft Kitchen, 1955. "All About Mayonnaise." Hellman's and Best Foods of CPC International Inc., 1976. "Appliance Cooking for All Seasons." Planters Peanut Oil, Undated. (Two copies) "The Bertolli Olive Oil Handbook." Bertolli Lucca, Undated. "The Blue Bonnet Margarine Book of Creative Cookery." Blue Bonnet Kitchens of Standard Brands Incorporated, Undated. "Eating Right: A Collection of Good Tasting Heart Healthy Recipes." Consumer Service Department, Best Foods, Division of CPC International Inc., 1991. "Jack Spratt never had it so good. Recipe Leaflet." Land O' Lakes, Inc., 1992. "Land O' Lakes Foods Consumer Quarterly, Vol. 8. No. 4." Land O' Lakes, Inc., 1990. "Martha Logan's Food News & Views." Swift & Company, 1977. "New Ideas For Baking, Frying and Salad Dressing with Kraft Oil." Kraft Kitchen, Undated. "Recipes from Procter & Gamble." Duncan Hines, Undated. "Simply ... Good Cooking: 101 Recipes to Enjoy and Share." Consumer Service Department, Best Foods, Division of CPC International Inc., Undated. "Tapping the Treasure in Corn." Corn Refiners Association, Inc., Undated. "The True-to-Nature Recipe Book, Vol II, If you're the woman who wants to bring back the pleasures of real scratch cooking." Consumer Service Department, Best Foods, Division of CPC International Inc., Undated.

### **Series IX: Foil Wraps**

**Unit Date** 1982

**box-folder** 1 (box)

**Container** 16 (folder)

#### **Bibliography**

"Bake It Special with Reynolds Baker Choice." Reynolds Metals Company, Undated. "Brown In Bag Cookery." The Reynolds Wrap Kitchens, Undated. "Entertaining Ease From the Makers of Reynolds Wrap." The Reynolds Wrap Kitchens, 1982. "Recipe Collections from General Foods Consumer Center." General Foods Corporation, Undated. "Reynolds Oven Cooking Bags." The Reynolds Wrap Kitchens, Undated. "Saran Wrap & Micro-Wave ... The Perfect Pair!" Dow Chemical U.S.A., Undated. "Wrap it Festive!" Reynolds Metals Company, Undated. (Two copies)

### **Series X: Foreign Influence**

**Unit Date** 1942-1970

**box-folder** 1 (box)

**Container** 17 (folder)

#### **Bibliography**

"20 Foreign Accent Dinners: Simple Meals That Make A World of Difference." Hunt-Wesson Foods, Inc., Undated. "The Art and Secrets of Chinese Cookery." LaChoy Food Products, Inc., 1942. "Betty Crocker's Festive Fixin's with a Foreign Flair." Betty Crocker, Undated. "Continental Cook Booklet." Pompeian Pure Imported Virgin Olive Oil, Undated. "Great Italian Cooking." Campbell Soup Company, Undated. "How to be Worldly without leaving your kitchen." Contadina Foods Inc., 1970. "International Recipes." Bridgeport Copperware, 1955.

### **Series XI: Forest Foraging**

**Unit Date** 1977

**box-folder** 1 (box)

**Container** 18 (folder)

#### **Bibliography**

"Food From Field and Forest." Virginia Cooperative Service, 1977. "Spring Wild Food in Piedmont of Virginia." Unknown, Undated.

## **Series XII: Fruit**

**Unit Date** 1970-1992

**box-folder** 1 (box)

**Container** 19 (folder)

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**Unit Date** 1953-1999

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## **Series XV: Household Management**

**Unit Date** 1959-1979

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**Unit Date** 1954-2003

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### **Meal Planning S-W**

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## **Series XVII: Meats**

**Unit Date** 1939-1985

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**Unit Date** 1971-1990

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### **Microwave R-W**

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## **Series XIX: Nuts**

**Unit Date** 1955-1993

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#### **Nuts S-W**

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#### **Series XX: Objects**

**Unit Date** 1992

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**Unit Date** 1952-1979

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## **Series XXII: Soup**

**Unit Date** 1981-1992

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## **Series XXIII: Sugars**

**Unit Date** 1983-2004

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**Unit Date** 1971-1981

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### **Vegetables A-I**

**box-folder** 2 (box)

**Container** 22 (folder)

### **Vegetables L-V**

**box-folder** 2 (box)

**Container** 23 (folder)